AFSVC Input IMSC Connections eNewsletter Apr 22

Outdoor Recreation (ODR) Launches Outdoor Fit and Outdoor Fitness Month

The Air Force Services Center in collaboration with Air Force Health Promotion, presents Outdoor Fit. This new brand within ODR programming is geared towards our Active Duty Airmen and Guardians. Outdoor Fit intends to promote the healthy benefits of "green exercise" and support our Airmen and Guardians with efforts to be mission ready, Fit to Fight, and provide alternative avenues to reaching fitness goals in the great outdoors.

To spearhead the launch of Outdoor Fit, ODR activities will be celebrating Outdoor Fitness Month during May. Outdoor Fitness Month will showcase fitness related programming within ODR from rock climbing, kayaking, mountain biking, and more! Check us out at <u>www.afoutdoors.com</u>, for more information and article spotlights from local ODR professionals, Fitness and Sports, and Air Force Health Promotion staff.



Outdoor Recreation (ODR) Supports PTSD Awareness Month <u>– "Breathe Again"</u>

In Jun 22, ODR will highlight the power of adventure programming as a therapeutic intervention to help alleviate symptoms associated with post-traumatic stress disorder (PTSD). The "Breathe Again" awareness campaign encourages Airmen and Guardians to find their outlet utilizing outdoor activity. Check us out on <u>www.afoutdoors.com</u> for first hand customer testimonials and resources from professionals.



Air Force Bowling Rolls-out Kids Bowl Free for 6th Consecutive Year

The Kids Bowl Free program kicks off in May for its sixth year! The program has been the most successful AFSVC Bowling program over that past 5 years with an average of over 42K members, annually! This membership program allows children 15 years of age and younger to sign-up and receive 2-free games of bowling per day, 1 May- 22 Sep. Additionally, Family Passes sold at each location allow family members to receive 2-free games per day per person for \$29.95 (2 additional family members) or \$37.95 (4 additional family members). Fifty percent of the revenue returned to each location will be cash rebates from Bowling Business Builders International. Interested members should sign-up at <u>www.kidsbowlfree.com</u>.



Air Force Golf – National Golf Day

On 6 May 22, the Air Force Services Center is hosting National Golf Day. 56 installation golf courses worldwide will be participating in the tournaments. Format is Two- or Three-Person Florida Scramble (course discretion). The golf courses will offer prizes, gifts, and food with special discounts in the pro shops. For additional information, contact Dave Roberts or Chris Bowles via email.

Air Force Libraries 2022 DoD MWR Summer Reading Program

The Department of the Air Force Libraries presents the 2022 DoD MWR Library Summer Reading Program (SRP), "Read Beyond the Beaten Path," launching at participating installations May-September. The Library SRP aims to promote and encourage the love of reading and provide recreational support for military members and their families. SRP's positive impact on the military community has created steady growth each year since its establishment in 2010. Readers of all ages can participate by logging reading minutes on their base library Beanstack site and attending library events for a chance to earn reading incentives and win prizes. Registration for readers of all ages started in March and continues throughout the summer.

Air Force Gaming (AFG) Team vs. San Antonio Mayor

San Antonio's mayor, Mr. Ron Nirenberg, and the Air Force Services Center leaders got a behind-the-scenes look at San Antonio's new \$72M Tech Port center and arena which is scheduled to open later this month. It is the first venue in the country to be purposedesigned and built for innovation, collaboration, and esports. The Tech Port staff challenged Mayor Nirenberg to play AFG in a friendly Rocket League match. The competition between AFG and Mayor Nirenberg was tense and he almost clutched a victory from AFG. DAF Sports and AFG team briefed plans to utilize the Tech Port center for the DoD's first-ever Armed Forces esports event, Halo Infinite, on Memorial Day weekend (23-30 May 22).

To keep up to date on the upcoming season and events, or to join, Airmen and Guardians can visit <u>airforcegaming.com</u>. For more information about the official gaming hub for the Air Force and Space Force, visit their <u>Facebook</u> and <u>Twitter</u>.



